

Spinal Cord Injury Nova Scotia NEWSLETTER



July & August 2026

SCINS EVENTS

Peer Support Group

Tues July 14 & Tues August 11 | 6PM | Zoom

Whether you've been actively involved with SCINS peer or haven't been engaged for a while, you're always welcome to join!

Contact: crice@sci-ns.ca

Family/Caregiver Support Group

Mon July 13 & Mon August 10 | 7PM | Zoom

This group offers a welcoming space for caregivers to connect, share experiences openly, and gain insights.

Contact: crice@sci-ns.ca

SCINS Education Sessions

Autonomic Dysreflexia

Tues July 21 | 7PM

Recognize common warning signs and how to respond quickly.

Register: [HERE](#)



Respiratory Health

Tues August 18 | 7PM

Discuss strategies to keep your lungs healthy with a spinal cord injury.

Register: [HERE](#)

SCINS Pizza Social

Fri August 14 | 6PM-8PM | Kiwanis Club, Dartmouth

This is a great chance to meet others, enjoy the summer weather, and eat some pizza! Please RSVP so we know how much pizza to order and what kind you like!

RSVP: [HERE](#)



COMMUNITY AND OTHER EVENTS



Halifax Pride Festival

Halifax Pride Festival is the largest Pride event in Atlantic Canada, featuring over 100 community-organized activities, music performances, and activism events, and more.

Accessible Information: [HERE](#)

Did you know that Pride is celebrated all summer long, with festivals running from June through August across the province.

Find your community's events: [HERE](#)

Halifax Busker Festival

July 29 - August 3 | Halifax Waterfront

An outdoor festival that features acrobats, musicians, fire-breathers, magicians, and comedians. All stages are wheelchair accessible. They have an on-site accessibility advocate to help you plan and navigate the festival.

Contact: accessiblebuskers@gmail.com

Website: [HERE](#)



Disabled Not Dead Adaptive Resource Expo

Sun August 9 | 10 - 4PM | 5793 University Avenue, Halifax

Drop in and discover resources, organizations and businesses that support those living with disabilities in Nova Scotia.

Register: [HERE](#)

Life Rolls On

Sat August 15 | Martinique Beach

Life Rolls On is an award-winning event that empowers people with mobility disabilities to experience freedom and mobility by riding a wave.

Facebook: [HERE](#)

Have you registered yet?: [HERE](#)

