

Spinal Cord Injury Nova Scotia NEWSLETTER



JUNE 2026

Spinal Cord Injury Nova Scotia Events

Peer Support Group

Tues June 9 | 6PM | Zoom

Whether you've been actively involved with SCINS or haven't been engaged for a while, you're always welcome to join!

Please reach out to Chris Rice for details.

Contact: crice@sci-ns.ca

Family/Caregiver Support Group

Mon June 8 | 7PM | Zoom

This group provides a welcoming space for caregivers to connect, share experiences openly, and gain practical insights. Topics will cover a range of needs.

Contact: crice@sci-ns.ca

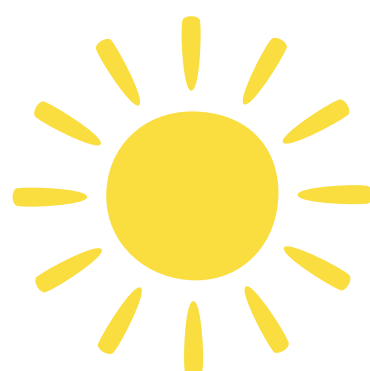
Temperature Regulation

Tues June 16 | 7PM | Zoom

Chris is hosting an online education session focused on temperature regulation during the warmer months.

Join Zoom Meeting: [HERE](#)

Meeting ID: 768 689 2494



COMMUNITY AND OTHER EVENTS



Access Awareness Week

May 31 - June 6, 2026

Access Awareness Week is an annual, week-long initiative that focuses on identifying, preventing, and removing barriers for people with disabilities.

Check out AAWNS events: [HERE](#)

National AccessAbility Week

May 31 - June 6, 2026

Join this event celebrating the contributions and leadership of persons with disabilities in Canada, while recognizing the allies, organizations, and communities working to remove barriers and build a more accessible and inclusive country.

More Information: [HERE](#)



Lemonaid Stand's Squeeze The Day

Sat June 6 | Truro Farmer's Market | 2-4PM

Lemonaid Stand supports individuals and families affected by physical disabilities and chronic illnesses. There will be disability equipment demonstrations, mock ups of adaptive sports equipment and more!

Accessible Air Travel Webinar

Mon June 15 | Zoom | 4:30PM AST

Spinal Cord Injury Ontario is hosting an informative webinar on accessible air travel, which will feature guest speakers from across the aviation, accessibility, and disability advocacy sectors. This webinar will explore current challenges, innovations, and initiatives aimed at improving the travel experience for people with disabilities.

Registration Link: [HERE](#)



Registration for Life Rolls On is Now Open!

Saturday, August 15, 2026 | Martinique Beach

Life Rolls On is an award-winning event that empowers people with mobility disabilities to experience freedom and mobility by riding a wave.

Facebook: [HERE](#)

Registration Link: [HERE](#)

