



Canadian Paraplegic Association Nova Scotia Events

CPANS Peer Support Group

September 1 & 15 | 6 PM | Zoom

Whether you've been actively involved with CPANS or haven't been engaged for a while, you're always welcome to join! Please reach out to Chris Rice for details.

Contact: crice@sci-ns.ca

Family/Caregiver Support Group

September 8 | 6 PM | Zoom

This group provides a welcoming space for caregivers to connect, share experiences openly, and gain practical insights. Topics will cover a range of needs.

Contact: crice@sci-ns.ca



Community and Other Events

Register Now for Fall Webinar Series

Neil Squire Society is hosting a variety of webinars designed to support job seekers with disabilities, injuries, or illnesses, and people who face barriers and challenges to employment. Each session dives into practical tools, insights, and resources that will help you take the next step in your employment journey.

They are all completely free!

More Information: [HERE](#)



How connected do you feel to your neighbourhood?

The Halifax Regional Municipality wants to hear from you!

This short survey is an opportunity to share your experiences, challenges, and ideas for building stronger, more inclusive communities.

Your feedback will help guide the Neighbourhood & Volunteer Services team to serve residents.

Survey: [HERE](#)

Canada Disability Benefit

The Canada Disability Benefit (CDB) is a new federal program that will provide direct monthly financial support to people with disabilities aged 18-64, aiming to reduce poverty and improve financial security.

To learn more about eligibility and how to apply, visit the **Government of Canada** website: [HERE](#)

For support, contact **Deanna** at dpalmer@sci-ns.ca



Seeking New Wheelchair Curlers - All Are Welcome!

Lakeshore Curling Club in **Lower Sackville** is a fully wheelchair accessible curling club and offers a beginners and recreational wheelchair curling program. Instruction and Loaner equipment is provided. Participants must bring their own wheelchair.

When: Saturdays from 2:30PM - 4:30PM

Cost: \$125.00

Contact: 902-869-2875

Facebook Page: [HERE](#)



WellNS Survey

WellNS invites you to take some time to complete their anonymous and confidential survey. Responses will help gain valuable insights into mental wellness across Nova Scotia.

Take the Survey: [HERE](#)



Accessibility at the Halifax Stanfield Airport

Whether you need a wheelchair, help with bags, or a little extra support, the airport has Mobility Assistance Phones for staff to lend a hand.

Outside, the phones can be found along the pick-up and drop-off areas at the curb, and at the bus depot. Inside, one is located next to the Ground Transportation Booth, in Arrivals.

Learn more about accessibility: [HERE](#)

We're Changing Our Name!

The Canadian Paraplegic Association of Nova Scotia is becoming **Spinal Cord Injury Nova Scotia**. This new name better reflects the people we serve and the diversity of lived experiences within our community. While the full transition will take some time, you'll start to see changes soon.

Stay tuned!

