



## Canadian Paraplegic Association Nova Scotia Events

### CPANS Peer Support Group

June 2 & June 16 | 6 PM | Zoom

Whether you've been actively involved with CPANS or haven't been engaged for a while, you're always welcome to join! Please reach out to Chris Rice for details.

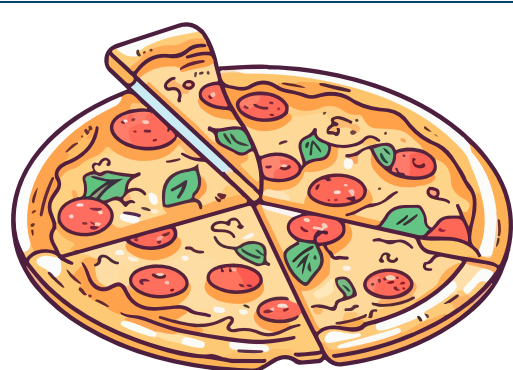
**Contact:** [crice@sci-ns.ca](mailto:crice@sci-ns.ca)

### Family/Caregiver Support Group

June 9 | 6 PM | Zoom

This group provides a welcoming space for caregivers to connect, share experiences openly, and gain practical insights. Topics will cover a range of needs.

**Contact:** [crice@sci-ns.ca](mailto:crice@sci-ns.ca)



### Pizza Party Coming Soon!

We're excited to announce an upcoming pizza party in June -- made possible thanks to funding from the *Nova Scotia League of Equal Opportunities*! 🍕🥤 We'll be sending out a date, time, and registration link soon.

## Community and Other Events

### Golf Nova Scotia Adaptive Golf Program

May 29 – July 8 | Thursdays, 6-8 PM

*BetterGolf (Dartmouth) | Rosevale Golf Course (West Hants)*

A 7-week Learn & Play experience for individuals of all abilities! Led by PGA coaches, this program offers supportive indoor and outdoor sessions to help participants learn or improve their golf game.

**Register:** [technicaldirectore@nsnga.ns.ca](mailto:technicaldirectore@nsnga.ns.ca)



### Summer Boccia Program

Saturdays, June 7 – July 12 | 1:30 PM – 3:00 PM

*Centennial Arena Multi-Purpose Room*

Boccia Nova Scotia and Easter Seals NS are hosting a 6-week Boccia program for ages 15+, open to all skill levels—beginners welcome! Please bring a support person if assistance is needed to play.

**Register:** [boccianovascotia@gmail.com](mailto:boccianovascotia@gmail.com)

### June is Pride Month

This month, we celebrate the strength, diversity, and resilience of the 2SLGBTQIA+ community. Pride is a reminder that inclusion matters — in every space, for every body, and every identity.

Let's continue working together to create a world where everyone feels safe, seen, and valued.



### Canada Disability Benefit – Eligibility Begins June 2025

The Canada Disability Benefit (CDB) is a new federal program that will provide direct monthly financial support to people with disabilities aged 18–64, aiming to reduce poverty and improve financial security. First payments are expected in July 2025.

To learn more about eligibility and how to apply, visit the **Government of Canada** website: [HERE](#)

For support or questions, contact **Deanna** at [dpalmer@sci-ns.ca](mailto:dpalmer@sci-ns.ca)

### Nova Scotia's 2025–2028 Accessibility Plan

The Province has released its updated Accessibility Plan, laying out key goals to improve access across government services, buildings, employment, information, and public engagement.

Check out the full plan: [HERE](#)



### Wheelchair Accessible Travel in Nova Scotia

Here is a list of self-identified accessible places by region—like hotels, restaurants, museums, and tours—to help you plan a trip!

Learn More: [HERE](#)



### New Contact Info for Chris Rice

Chris Rice has a new email address! You can now reach him at [crice@sci-ns.ca](mailto:crice@sci-ns.ca). Please update your contacts.

