



Canadian Paraplegic Association Nova Scotia Events

CPANS Peer Support Group
May 5 & May 19 | 6 PM | Zoom

Whether you've been actively involved with CPANS or haven't been engaged for a while, you're always welcome to join! Please reach out to Chris Rice for details.

Contact: crice2312@gmail.com

Family/Caregiver Support Group
May 12 | 6 PM | Zoom

This group provides a welcoming space for caregivers to connect, share experiences openly, and gain practical insights. Topics will cover a range of needs.

Contact: crice2312@gmail.com

CPANS Peer Support Dinner
May 15 | 6 PM | Boston Pizza Sackville

Please note that this dinner is pay-your-own way. If this is a barrier to you, please email Chris or Deanna.

Registration Link: [HERE](#)



Community and Other Events



Help Improve Accessible Air Travel

Have you had your mobility device damaged or lost during air travel in or out of Canada within the last 5 years? The Engineering Health Lab at KITE (Toronto Rehab) is looking for feedback from anyone whose wheelchair, scooter, or other mobility device was lost or damaged

Eligible participants will receive a \$20 Amazon gift card.

Survey Link: [HERE](#)

2025 Bluenose Marathon - All Abilities Welcome!

Wheelchair users are encouraged to participate in any race! However, the 5KM event offers a dedicated wheelchair start and is one of the most accessible and enjoyable routes. During registration, simply indicate any accommodations needed under the "Medical & Special Accommodation" section.

May 16 - 18, 2025
admin@bluenosemarathon.com
902-496-1889

Registration Link: [HERE](#)



Wheelchair Accessible Travel in Nova Scotia

Here is a list of self-identified accessible places by region—like hotels, restaurants, museums, and tours—to help you plan a trip!

Learn More: [HERE](#)

Nova Scotia Access Awareness Week

Access Awareness Week in Nova Scotia is about changing how we think about disability by raising awareness and taking action. Events are shaped by people with lived experience to help make sure inclusion and accessibility are front and center.

May 25 - May 31, 2025

Learn More: [HERE](#)



Participants Needed - Self Managed Medication Toolkit

MedManageSCI is a comprehensive, web-based toolkit to support medication self-management for adults with spinal cord injury/ dysfunction (SCI/D).

Explore the toolkit, complete surveys, and optionally join a follow-up interview.

Contact: medsci.study@utoronto.ca

Website: [HERE](#)

Screening Questionnaire: [HERE](#)



Try Wheelchair Basketball - Free Sessions!

Join in for free Try It nights! No experience needed, all abilities welcome (14+), and chairs provided. Limited spots available.

Thursdays, May 1 - June 5 | 7-9 PM

Greenwood Community Centre - 110 Church St,
Greenwood

Registration Link: [HERE](#)



Free Fishing Licence!

If you have a disability, you may qualify for a free General Fishing Licence. You can apply online or contact your local Department of Natural Resources and Renewables office.

Apply for a Fishing Licence: [HERE](#)

Find a Local DNR Office: [HERE](#)

Looking for accessible fishing spots? Check out the Barrier-Free Fishing Site Mapping Tool to find inclusive locations:

View Accessible Fishing Spots: [HERE](#)

