



# The Canadian Paraplegic Association of Nova Scotia | Newsletter

## May 2024

### Canadian Paraplegic Association Nova Scotia Peer Events

#### Peer Support Group

**Date:** May 6th and May 20th

**Time:** 6:00 PM

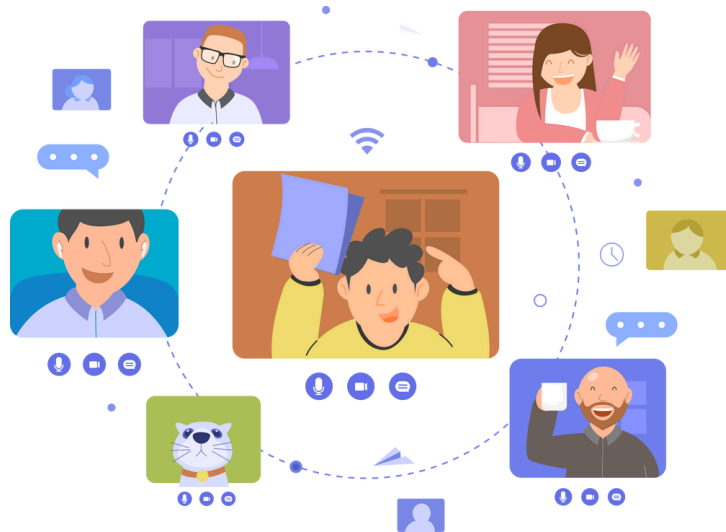
**Where:** Zoom

Whether you've been actively involved with CPANS or haven't been engaged for a while, you're always welcome to join peer support!

Please reach out to our peer coordinator, Chris Rice for more details on how to join.

**Email:** [crice2312@gmail.com](mailto:crice2312@gmail.com)

**Call or Text:** 1-902-309-4911



### Community Try-It Events

**Coach Jodi Langley** is hosting a try-it event for CPANS members interested in trying **para athletics throwing events!** This includes events such as shotput, javelin, discus, and club.

**When:** May 7th, 2024 @ 7:00PM

**Where:** Sackville Metropolitan Field - 95 Metropolitan Avenue, Lower Sackville NS, B4C 3H3

**Registration:** Connect with Chris Rice at [crice2312@gmail.com](mailto:crice2312@gmail.com) or 1-902-309-4911

**Nova Scotia Wheelchair Rugby** team invites you to join us for a **COME TRY IT** event. All ages and abilities within the adaptive community are welcome to give this amazing sport a go. The event will have a 2 hour block on the gym floor where there will be skills and drills sessions with a mini scrimmage to wrap up the session. Pizza and pop will be served in the community space off the gym floor.

**When:** May 25th, 2024 at 4:30PM - 7:30PM.

**Where:** St. Andrews Community Center - 3380 Barnstead Ln, Halifax NS, B3L 2B8

**Registration Link:** <https://forms.office.com/r/Dzxivyu5zz6>

### Other Upcoming Events



The Accessible Canada Directorate of Employment and Social Development Canada (ESDC) is pleased to invite you to attend the third annual **Canadian Congress on Disability Inclusion (CCDI)**.

This year CCDI will mark an important milestone as the event coincides with the 5th year of the coming into force of the Accessible Canada Act. The event will feature three panel discussions, exploring progress to date on the implementation of the Act as well as the two priority areas of the 'built environment' and 'employment'.

**When:** May 24th, 2024 @ 11:30AM

**Where:** The event will take place over zoom. A recording will be made available for those who are not able to attend.

**Registration Link:** <https://www.canada.ca/en/employment-social-development/campaigns/canadian-congress-disability-inclusion.html>

**Access Awareness Week Nova Scotia (AAWNS)** gives Nova Scotians a chance to learn about the work of disability advocates and leaders across the province, while better understanding the barriers that still exist for persons with disabilities.

**When:** May 26th, - June 1st, 2024

**Where:** Nova Scotia

**List of events:** <https://nsleo.com/aawns-events/>