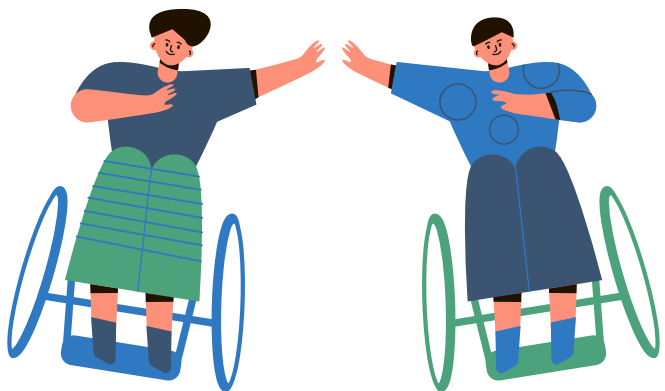




The Canadian Paraplegic Association of Nova Scotia | Newsletter

July / August 2024

Canadian Paraplegic Association Nova Scotia Peer Events



Peer Support Group

Date: July 1st, July 15th, August 5th, August 19th

Time: 6:00 PM

Where: Virtual (Zoom)

Whether you've been actively involved with CPANS or haven't been engaged for a while, you're always welcome to join peer support!

Please reach out to our peer coordinator, Chris Rice for more details on how to join.

Email: crice2312@gmail.com

Call or Text: 1-902-309-4911

Community Events



Halifax Pride Festival is an annual 11 day gathering in the Halifax Regional Municipality for the 2SLGBTQ+ community. It features over 150 community and Pride organized events celebrating the history, culture, activism, and perseverance of the queer community.

When: July 18th - 28th, 2024

Where: Various locations throughout HRM

Website: <https://www.halifaxpride.com/>

Halifax Pride Festival always welcome new suggestions and encourage folks to take part in their Accessibility Committee. For more information about accessibility at Pride or to get involved, email **Caden Flynn, Accessibility Coordinator** at caden@halifaxpride.com.

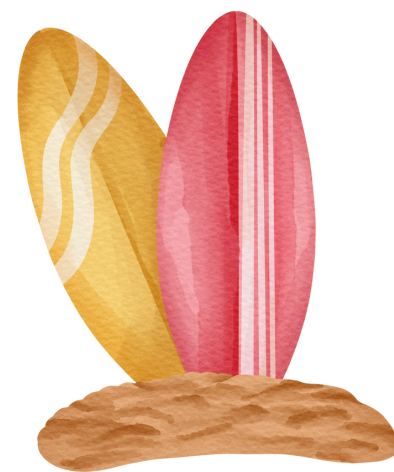
Art of Disability Festival is a barrier-free opportunity for artists with disabilities to showcase and sell their artwork to the public. Attend as a guest or register as a vendor!

When: Saturday, August 10th, 11:00AM - 4:00PM

Where: Pier 21 in the Ralph & Rose Chiodo Gallery (1055 Marginal Road, Halifax)

Vendor Registration: <https://forms.gle/mgudNMfUiSNWXLcv9>

For questions or additional information, email peersupport@ilns.ca or call (902) 453-0004



Life Rolls On is an award-winning event dedicated to **adaptive surfing**, empowering people with mobility disabilities to experience the freedom and excitement of riding a wave.

By removing the barriers to the beach, this event allows individuals with mobility disabilities to get on a surfboard and catch waves with the help of supportive volunteers.

When: August 17th, 2024

Where: Martinique Beach, East Petpeswick, N.S.

Learn More: <https://www.facebook.com/LifeRollsOnMartinique>

Register: <https://t.ly/AIAyg>



Emergency Preparedness & Voluntary Vulnerable Persons Registry

As we move into the summer months, it's essential to be aware of potential hazards such as wildfires, floods, and heat waves. These events can pose significant risks, but with the right preparation, you can protect yourself and your loved ones. By familiarizing yourself with **Nova Scotia's Emergency Preparedness Guide**, you can take proactive steps to ensure your safety and well-being during the summer and throughout the year.

Guide PDF Link: <https://novascotia.ca/emergency-education/docs/are-you-ready-emergency-disabilities-en.pdf>



The Voluntary Vulnerable Persons Registry (VVPR) is a voluntary, self-referral list only for residents of the Halifax Regional Municipality who may require support during emergency situations. The VVPR provides important information to Emergency Management staff, volunteers and, first responders to help appropriately respond to resident needs in situations such as sustained power outages, severe storms, and more.

VVPR Intake Form: <https://www.halifax.ca/form/vvpr>